

FANY PÉCHIODAT
AND LAURIANE GEPNER

Soul of Lisbon

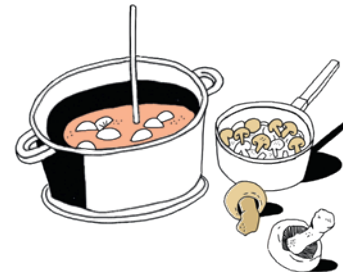
A GUIDE TO 30 EXCEPTIONAL EXPERIENCES



JONGLEZ PUBLISHING



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THE CHEF WHO COOKS NOTHING BUT MUSHROOMS

If you're going to claim to be a 'mushroom temple', you'd better have some convincing arguments to back you up. Be that as it may, the chef of this restaurant, hidden away on the first floor of an industrial building, worships mushrooms ... And, as you work your way from appetiser to dessert, velvety morel ravioli in truffle crème brûlée, you, too, will come to believe in mushroom heaven – and that you've found it. A secret to pass along discreetly only to other mushroom devotees.

SANTA CLARA DOS COGUMELOS
MERCADO DE SANTA CLARA
CAMPO DE SANTA CLARA,
1100-472 LISBOA



TUE - FRI: 7:30pm / 11pm
 SAT: 1pm / 3pm, 7:30pm / 11pm

SUN: 7:30pm / 11pm
 MON: closed

+351 913 043 302

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IF YOU'RE CRAZY ABOUT COD

To understand the place of *bacalhau* (cod) in Portuguese cuisine, you have to start with this popular joke:

'There are a thousand ways to cook bacalhau.'

'No, there are 1,001! Don't forget, there's my recipe too!'

And cod has definitely found its place at this delicatessen, which dates back to the 19th century. On one side: cheese, wine and cold cuts. On the other: the best cod fished off the coast of Iceland, salted for varying periods of time (from 6 to 20 months). Sold by weight and sliced right in front of your eyes.



MANTEIGARIA SILVA
RUA DOM ANTÃO DE ALMADA, 1
1100-373 LISBOA



MON - SAT: 9am / 7:30pm
SUN: closed







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UNCOVER THE SECRET SPOT WHERE FADO SINGERS HIDE AWAY

First, you find yourself facing a heavy blue wooden door adorned with a gilded handle: magisterial, intimidating. Then you attempt to open it before realising that you have to ring the bell. Someone opens the door for you. It's here, in the dim interior of this 18th-century building decorated with old azulejo tiles, that the city's fado singers meet up after having sung their hearts out elsewhere. The musicians gradually trickle into their sanctuary. Around 11pm, a fadista sings the saudade accompanied by two guitar players, linking gesture with voice, emotion with the expression in their eyes ... A few minutes later, another voice, other musicians, will take over, but the thrill remains the same: fado. And the performance doesn't let up until sleep finally wins out – sometimes at 2am, sometimes not until breakfast.



MESA DE FRADES
R. DOS REMÉDIOS 139
1100-304 LISBOA



MON - SAT: 8:30pm / 2am
SUN: closed



- FELIPA ALMEIDA AND ANA ANAHORY -
FOUNDERS OF THE INTERIOR DESIGN STUDIO ANAHORY ALMEIDA

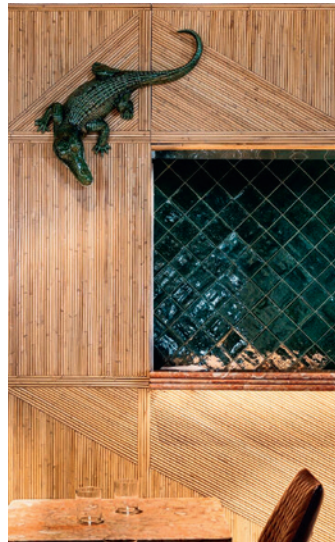
How do you see the artisanal crafts in Portugal today?

They are the subject of renewed interest today, both from local young people and foreigners who arrive and view them with enthusiasm, without preconceptions. All the better, because most of the artisans of the older generation that we've met in the context of our projects tell us that few young people want to learn what they have to pass on. But that's changing.

How do you begin an assignment?

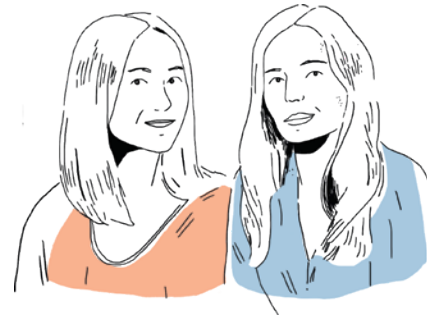
For our projects, we use almost exclusively furniture and materials from Portugal. As a result, every assignment begins with a search

for artisans. What's funny is that most of those we try to contact don't have an e-mail address. To meet with them, we sometimes have to head off to the middle of nowhere, to the other side of the country.



How do you combine Portuguese tradition with today's codes??

We ask traditional artisans to add a twist to their creations by revamping patterns and integrating original colors into them. It's a process that's not without its risks and surprises, but that's exactly how we like it!



What's your view of Lisbon's creative scene?

It's coming back to life, from new art galleries to contemporary ceramics studios ... And we're very happy about it since it means more people for us to collaborate with.

Is Lisbon a source of inspiration?

Every day. We walk around the city a lot, slipping into the entrance halls of buildings and old boutiques to understand how the materials were used at the time. And we always take pictures of old

ladies at old bars! We don't find our inspiration on Instagram - which is also what we try to explain to our clients...

One absolute must-see?

The up-and-coming Marvila neighborhood, a haven for galleries, young artists' studios, and artisans' workshops. And, in a completely different vein, the Palácio dos Marqueses da Fronteira, which we discovered recently: a 17th-century hunting palace covered with magnificent azulejo tiles.



BAIRRO DO AVILLEZ

FOLLOWING PAGE:
BECO CABARET GOURMET
DESIGNED BY ANAHORY ALMEIDA



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GO FOR A STROLL IN THE ESTUFA FRIA

The greenhouse in the north of Eduardo VII Park is reminiscent of a Rousseau painting. Huge plants tickle the sky. Well, almost - this is a greenhouse, after all, so wooden blinds form a roof overhead ... even as they let the sunlight filter in. Come late in the afternoon, when the day is gently fading and the sky turning pink. To the left of the central alley, a small door leads to the arid and tropical greenhouse (Estufa Fria). Giant banana plants, cactuses that defy all norms ... Where in the world are we? Right in the heart of the city!

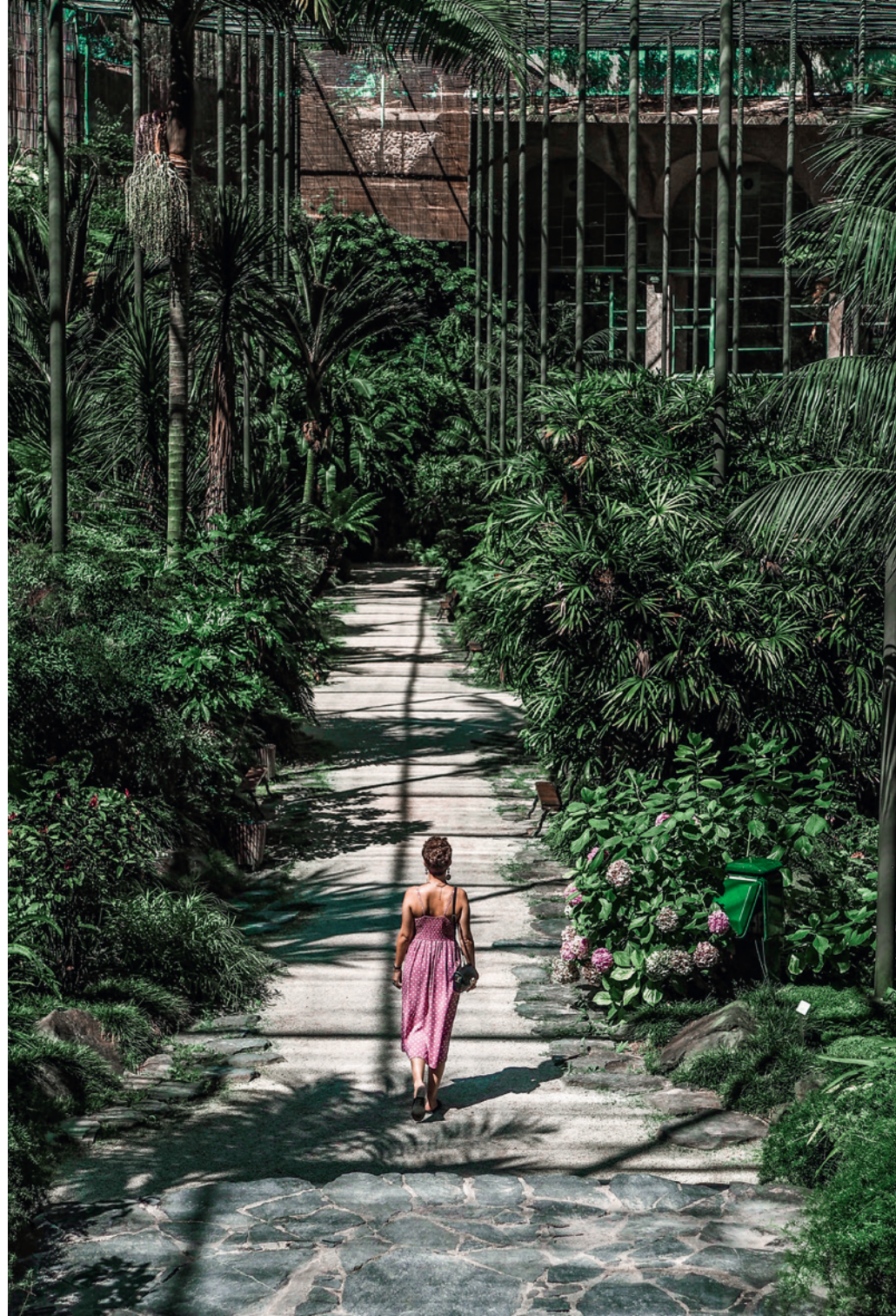
CREDITS: ROXANE DE ALMEIDA @LAROXYSTYLE



ESTUFA FRIA
PARQUE EDUARDO VII
1070-051 LISBOA



DAILY: 10am / 7pm in summer, 9am / 5pm in winter





PALÁCIO BELMONTE

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ROOMS WITH VIEWS: LISBON AT YOUR FEET

Put your heart-to-heart with Lisbon on hold for the night? No, thanks. Instead, choose to fall asleep with Lisbon at the foot of your bed and wake up to the same vision, daytime version. Here is a selection of rooms we recommend:



MEMMO ALFAMA

This hotel is hidden away in the Alfama district, at the end of a cul-de-sac paved with uneven cobblestones. Up on the roof terrace, slide into the red swimming pool to do a few laps with a view. And in rooms 31 and 33, the Alfama is right there at the foot of the bed, a labyrinth of rooftops unfurling all the way down to the Mar da Palha (Sea of Straw).

CREDITS: MARKO ROTH (PALÁCIO BELMONTE)
MANUEL GOMES DA COSTA (MEMMO ALFAMA)



MEMMO ALFAMA

 <p>MEMMO ALFAMA TV. MERCEEIRAS 27 1100-348 LISBOA</p>	
<p>150-360€/night</p>	<p>+351 21 049 5660</p>



PALÁCIO BELMONTE

Lisbon, beginning of the 18th century. Valentim de Almeida creates splendid azulejos for the walls of this palace. Three centuries later, you spend the night here, sleeping in a princely suite christened 'Ricardo Reis' after one of the great Portuguese writer Fernando Pessoa's fictional doubles. As if that weren't enough, your room extends out onto a terrace with a view of the hotel's garden, the rooftops of the Alfama ... and the Tagus, always.

CREDITS: MARC VAZ (RIGHT)
MARKO ROTH (LEFT)



PALÁCIO BELMONTE
PÁTIO DE DOM FRADIQUE 14
1100-624 LISBOA



500-3.000€/night

+351 21 881 66 00





TOREL PALACE

A great location at the top of the Hill of Sant'Ana, just a few steps from the Jardim do Torel. Regardless of what room you're staying in, the terrace, swimming pool and royal peace and quiet await you. But we recommend putting your bags down in room 6, 8 or 28: big windows, small balcony and an insane view of the heart of the city.



CREDITS: TOREL PALACE

 **TOREL PALACE**
R. CÂMARA PESTANA 23
1150-082 LISBOA



110-350€/night

+351 21 829 0810